

Thank you for applying for the Postgraduate Certificate in DBT.

The first academic qualification of its kind in the world, it is a unique collaboration between Integral Business Support Ltd. (also known as British Isles DBT Training) and Bangor University

Below is a list of Frequently Answered Questions (FAQ) for your information

FAQ

Q: I understood that this was not a taught course. Does the Cert require attendance at additional classes/seminars?

A: This is a self-directed course. No additional classes are necessary after completing Part I & Part II of biDBT intensive

Q: If I register by 01/09/15, what is the latest date by which I can complete the required work?

A: You will have to complete by 31 August 2016

Q: If I do not register this year, how long does my recently completed Intensive course qualify me for registration?

A: Intensive teaching does not expire so he could register any subsequent year

Q: Where is the exam held, or is this the exam I have recently completed for the Intensive course?

A: It's the exam already completed

Q: Can I use material I produced for the Intensive, as part of the Cert submission?

A: Yes would be wise to incorporate feedback given by trainers at Part II

Q: What value does the Cert have (e.g. would it count towards accreditation as a DBT therapist?)?

A: Gives you an exemption from most if accreditation requirements. All you have to do in addition is submit tapes /DVDs

Q: I was wondering if the qualification is recognised by the BABCP?

A: The qualification is not recognised in any official way but the hours can be put on a BABCP application for accreditation as a CBT therapist and will be counted as training in a CBT approach. The course does exempt you from components of the accreditation as a DBT therapist with the Society for DBT in the UK and Ireland (www.sfdbt.org). We hope in the future to have the Society for DBT's accreditation recognised and formally linked to the BABCP requirements for CBT but at present this arrangement is not in place.

Q: I have completed a DBT Intensive 10 course with another Training provider; will I be accepted onto the PG Certificate?

A: Currently your application can only be considered if you have completed your 10 day Intensive Training with biDBT, this is because all training materials used at your training event has been approved and monitored by Bangor University

Q: What happens once I have registered online with biDBT Training?

A: You will be sent an application form populated with the information you supplied during the online registration process. You will need to review and complete the form, sign it and return it along with certification of your professional qualification and a copy of your attendance certificate at DBT Intensive Training by September 20th 2015 to: Everil McQuarrie, School of Psychology, Wheldon Building, Deiniol Road, Bangor, Gwynedd, LL57 2UW. Your application will then be passed on to the Postgraduate Admissions office at Bangor University.

Q: What if I have mislaid my attendance certificate at DBT Intensive Training?

A: If you do not have a copy of your attendance certificate for DBT Intensive Training, please email Barbara Nicholls on barbara.nicholls@dbt-training.co.uk or telephone 01978 350073.

Q: What happens once my application form has been sent to Postgraduate Admissions office at Bangor University?

A: Once your application has been processed you will receive a pack that includes a registration form, the course handbook and a covering letter with important information:

- your User ID that allows you to access University online systems, email, library and the Blackboard system that you will use to submit your assignments
- your Banner ID that is your unique University registration number.

Once you have signed and returned the registration form you will be deemed to have accepted the offer of a place on the course and will be registered for the Pg Cert modules.

Q: Where do I send my course fees?

A: Once you have registered online with biDBT, they will send you an invoice and you will pay your course fee to biDBT Bangor University will not send you an invoice – you do not pay Bangor University direct.

Q: How many Credits will I gain from attending the PG Certificate?

A: 60 credits

Q: I am currently working on a DBT team and am involved with both 1:1 work and group work with clients. I have done all the other training so I was aware that now as a good time to do this PG Cert. Can I do this PG Cert by myself, if I have moved away from this team, and am immersed in another team which may not be DBT trained? If I can that would allow me to apply for it next year. If I can't then it looks like I won't be able to do it. I had reasoned to myself that even if I was on another team next year and wasn't at that point running a DBT group that I could still use this year's cases for a case study next year? (Please note I always get signed consent from all clients to use their material for CPD purposes).

A: Obviously the Postgraduate Certificate is designed to help therapists on existing teams progress their skills in the treatment and our experience is that most therapists are in this position. However, there is no requirement that you be actively doing DBT, simply that you are able to complete the assignments. Perhaps the most challenging assignment would be completing the Implementation Log, which requires you to keep an accurate account/list of your activities in DBT and your reflections upon them, for one month. This assignment is completed in both modules, so this means for two months in total. We imagine it might be difficult to recall in sufficient detail your activities and your reflections upon them unless you are still working in the service.

Q; Can I achieve a distinction on the PG Cert?

A: *PG Certs are awarded Pass or Merit only*

Q: What if I only completed part 1 of the 10 day intensive course, what do I need to do to be considered for the PG Cert?

A: You may also be eligible if you have completed Part I or DBT Foundation however, to attain the hours towards PHP4201 you must have completed 3 workshops, one of them being the Problem Solving Workshop.

British Isles DBT Training will assist you with your application then the University will process your application, issue and mark assignments and make the award.