

Thank you for applying for the Postgraduate Certificate in DBT.

***The first academic qualification of its kind in the world, it is a unique collaboration between Integral Business Support Ltd. (also known as British Isles DBT Training) and Bangor University***

Below is a list of Frequently Answered Questions (FAQ) for your information

FAQ;

1. Q: I understood that this was not a taught course. Does the Cert require attendance at additional classes/seminars?

A: No additional classes are necessary after completing Part I & Part II of biDBT intensive. All the teaching for the PG Certificate is delivered during Parts I and II of the Intensive so no additional teaching hours are required

2. Q: If I register by 01/09/16, what is the latest date by which I can complete the required work?

A: You will have to complete by 31 August 2017 ( or year when started)

3. Q: If I do not register this year, how long does my recently completed Intensive course qualify me for registration?

A: Intensive teaching does not expire so you can register any subsequent year however it is recommended for you to register ONE of your team onto the Post Grad if you have qualified for a ( FREE) place from attending any DBT Intensive training from 2016.

4. Q: Where is the exam held, or is this the exam I have recently completed for the Intensive course?

A: It's the exam already completed

5. Q: Can I use material I produced for the Intensive, as part of the Cert submission?

A: Yes would be wise to incorporate feedback given by trainers at Part II to ensure passing the assignments.

6. Q: What value does the Cert have (e.g. would it count towards accreditation as a DBT therapist?)?

A: Gives you an exemption from most of accreditation requirements. All you have to do in addition is submit DVDs of your therapy.

7. Q: I was wondering if the qualification is recognised by the BABCP?

A: The qualification is not recognised in any official way but the hours can be put on a BABCP application for accreditation as a CBT therapist and will be counted as training in a CBT approach. The course does exempt you from components of the accreditation as a DBT therapist with the Society for DBT in the UK and Ireland ([www.sfdbt.org](http://www.sfdbt.org)). We hope in the future to have the Society for DBT's accreditation recognised and formally linked to the BABCP requirements for CBT but at present this arrangement is not in place.

8. Q: I have completed a DBT Intensive 10 course with another Training provider; will I be accepted onto the PG Certificate?

A: Currently your application can only be considered if you have completed your 10 day Intensive Training with biDBT, this is because only the Intensive Training curriculum and structure have been formally validated by Bangor University.

9. Q: What happens once I have registered online with biDBT Training?

A: You will be sent an application form populated with the information you supplied during the online registration process. You will need to review and complete the form, sign it and return it along with certification of your professional qualification and a copy of your attendance certificate at DBT Intensive Training by September 20th 201- to: Everil McQuarrie, School of Psychology, Wheldon Building, Deiniol Road, Bangor, Gwynedd, LL57 2UW. Your application will then be passed on to the Postgraduate Admissions office at Bangor University.

10.Q: What if I have mislaid my attendance certificate at DBT Intensive Training?

A: If you have mislaid your attendance certificate for DBT Intensive Training, please email [info@dbt-training.co.uk](mailto:info@dbt-training.co.uk) or telephone 01978 350073. You may be charged £25 for a copy.

11. Q: What happens once my application form has been sent to Postgraduate Admissions office at Bangor University?

A: Once your application has been processed you will receive a pack that includes a registration form, the course handbook and a covering letter with important information:

- your User ID that allows you to access University online systems, email, library and the Blackboard system that you will use to submit your assignments
- your Banner ID that is your unique University registration number.

Once you have signed and returned the registration form you will be deemed to have accepted the offer of a place on the course and will be registered for the Pg Cert modules.

12. Q: Where do I send my course fees?

A: Once you have registered online with biDBT, we will send you an invoice and you will pay your course fee to biDBT , Bangor University will not send you an invoice – *you do not pay Bangor University direct.*

However, for those delegates who have joined a group of 5 or more, and attended a DBT Intensive course from 2016, there will not be a charge for the following:

- Teams registering a Team of 5:
  - Qualify for ONE PG Certificate place
- Teams registering a Team of 6 or over:
  - Qualify for TWO PG Certificate places

13. Q: How many Credits will I gain from attending the PG Certificate?

A: 60 Level 7 credits

14. Q: I am currently working on a DBT team and am involved with both 1:1 work and group work with clients. I have done all the other training so I was aware that now is a good time to do this PG Cert. Can I do this PG Cert by myself, if I have moved away from this team, and am immersed in another team which is not delivering DBT?

A: Obviously the Postgraduate Certificate is designed to help therapists on existing teams progress their skills in the treatment and our experience is that most therapists are in this position. There is no requirement that you be actively doing DBT, simply that you are able to complete the assignments. However, a key assignment is the Implementation Log, which requires you to keep an accurate account/list of your activities in DBT and your reflections upon them, for one month. This assignment is completed in both modules, so this means for two months in total. Completing this in any meaningful way is not really possible unless you are actively delivering the treatment.

15. Q; Can I achieve a distinction on the PG Cert?

A: Yes, PG Certificates can be awarded Distinction, Merit or Pass.

Q: What if I only completed the Foundation course, what do I need to do to be considered for the PG Cert?

A: The course is designed to help practitioners either currently learning DBT on an Intensive Training course or who have previously completed the Intensive Training to develop both their theoretical grasp of the treatment and to advance their clinical application of the treatment at both the level of their programme and the individual clinical case. You may also be eligible if you have completed the DBT Foundation plus 3 additional workshops, one of which must be the Problem Solving Workshop.

***British Isles DBT Training will assist you with your application then the University will process your application, issue and mark assignments and make the award.***

